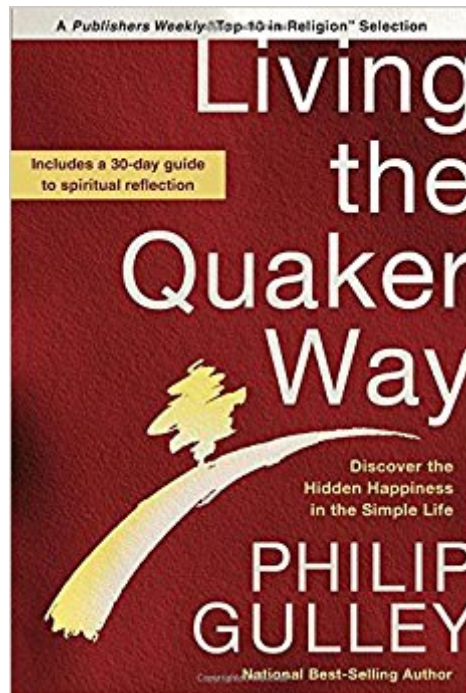


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# Living The Quaker Way: Discover The Hidden Happiness In The Simple Life



## Synopsis

A Publishers Weekly "Top 10 in Religion" selection. "This is nothing less than the gospel itself—a much-needed book." —FR. RICHARD ROHR, OFM, Center for Action and Contemplation, Albuquerque, New Mexico

Philip Gulley invites us into a bracing encounter with the rich truths of Quakerism—a centuries-old spiritual tradition that provides not only a foundation of faith but also vision for making the world more just, loving, and peaceable by our presence. In *Living the Quaker Way*, Gulley shows how Quaker values provide real solutions to many of our most pressing contemporary challenges. We not only come to a deeper appreciation of simplicity, peace, integrity, community, and equality, we see how embracing these virtues will radically transform us and our world. *Living the Quaker Way* includes a 30-day spiritual practice that applies the Quaker tradition of Queries.

## Book Information

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## Customer Reviews

Quakerism has many admirers but considerably fewer adherents. Gulley, a Quaker pastor and much-published author (*The Evolution of Faith*), hopes to reach new members with his newest work, part of the inaugural list of a new imprint aimed at the spiritually curious. He explains central Quaker values and practices—simplicity, peace, integrity, community, and equality—in clear and inviting ways, drawing on Quaker history to provide context and illustration of the distinctive ways of the Religious Society of Friends (another name for Quakers). He also draws on his own life, acknowledging shortcomings in ways that disarm and attest to the Quaker value of integrity of

speech. The set of queries at the book's end is extremely helpful; queries are spiritual tools for self-examination and reflection that can give readers a small taste of the faith. The author goes light on his trademark charming humor, which is unfortunate; religion goes down easier when preached with a smile. Still, Gulley might make nightstand Friends "people who flirt with Quakerism, reading about it before going to sleep. (Sept.) --This text refers to an out of print or unavailable edition of this title.

I took a test on the Internet, a newcomer told Quaker pastor Gulley, and it told me I'd be happy as a Quaker. Others saying much the same thing reconfirmed Gulley in his long-held suspicion that more people are philosophically Quaker than ever join a Quaker meeting. They are attracted by the Quaker way of life, which is best expressed in the basic Quaker testimonies of simplicity, peace, integrity, community, and equality. Gulley devotes a chapter to each testimony "a persuasive homily delivered by a very personable minister" and considers the contemporary appeal of the Quaker understanding of the particular testimony being discussed. His aim throughout is not for you to seek out the nearest Quaker meeting but to help others embrace these values . . . so that our world might be transformed. In conclusion, he offers a month's worth of daily queries "examples of the kinds of questions Quakers use to guide themselves in living out the testimonies" for readers' reflection should they choose to take the Quaker way. --Ray Olson --This text refers to an out of print or unavailable edition of this title.

Do you ever feel life is working against you? Perhaps you are imbalanced, placing undue and unnecessary emphasis on things or desires? Gulley underscores 5 timeless ways to make life a dream. His ways are the ways of Quakers who, for centuries, have graced the landscape of America with their love for thought, reason, purpose, and privilege of serving others. The ways are: Simplicity, Peace, Integrity, Community, Equality. As an anagram they spell SPICE. Written in an engaging manner, with plenty of personal examples to support his philosophy, this text will work its personal magic to loose the cords that bind you.

I like to learn about how other religions think about the world and Pastor Gulley does a great job opening up the Quaker mindset for us to explore. While I may take issue from time to time, I still find the book to be most readable and educational. Understanding the basic premises of any Faith is the first step in truly understanding that Faith and their belief structure. It is not a text on theology per se but rather a statement of beliefs written in a simple yet thought provoking manner. Wonderful and

touching personal anecdotes interspersed throughout the book give life to the principles and foundations of the Quaker beliefs. No matter what your Faith, you will find this to be an interesting read and one that perhaps will act in a positive manner to influence your personal thoughts and behaviors. But of course, I have found all of Pastor Gulley's books to do just that.....they all seem to make a positive impact upon the life of the reader.

Good reading. A nice quiet way to spend a few minutes before I sleep. This guy chews off a big slice of life. IT reminds me of the saying, "I wish I could be half the man my dog thinks I am." Well worth the modest price.

Regardless of you're faith if people lived like Phillip Gulley talks about in his book "Living the Quaker way" people could live a better life and enjoy life to their fullest. We want too much, covet too much, spend too much, hate too much and think that everyone needs to have the kind of faith (I have). This book is well worth the money.

This was a great book! I bought two more for friends and hope to start a study group around it.

I bought this because the church reading group I belong to decided to read it. We are not Quakers but we do often read books written by clergy from other faiths (denominations / religions). There are usually things to be learned from each perspective that can complement one's own beliefs. This book gives a very good outline of Quaker principles with, sometimes humorous, examples of each. I was particularly interested in their commitments to Simplicity and Integrity.

An enjoyable but not an in depth introduction to Quaker life and practice. I finished the book with more questions than when I started, which isn't to say that I didn't learn a fair amount along the way but rather that the book asked more questions than it answered. In the end, I would have liked to have a bit more on the history and practice of Quakers than this book offered.

A gentle introduction into Quakerism. No hard selling or trying to convert you, It just asks that you read and reflect. Thoroughly enjoyed the challenge of the thirty day reflection quest. I would recommend this as a book to read for anyone wanting to know more about the Quaker's, their way of living and as a brief introduction to the history of the movement. Highly recommend it.

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